

It's over easy again

The world has turned sunny-side up again because expectant mothers and others in tender health have been told by the Food Standards Agency (an often nannyish body) that it is quite safe to eat lightly cooked, even raw, eggs as long as they are British, such as the ones with a little lion stamped on them. Ever since Edwina Currie correctly pointed out in 1988 that most egg production was affected by salmonella, runny yolks and mayonnaise have been on the forbidden list. Now pregnant women, old people and infants can sit down to a lightly boiled teatime egg with soldiers, happy in the knowledge that the risk has dwindled, thanks to vaccinated and generally well-turned-out chickens. Nor are eggs any longer blamed for harmful cholesterol. So once more the paradox is true: you can't beat an egg.

1) Tel. 11. 10. 17